

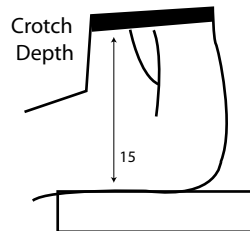
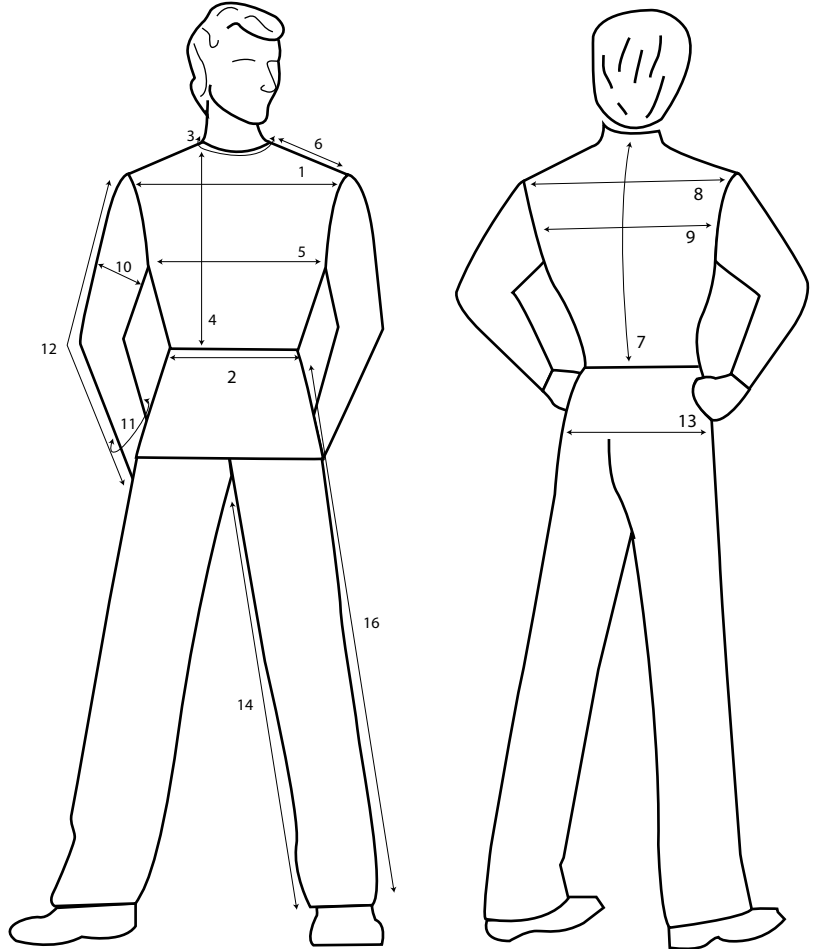
# JANOURAS

## Male Measuring Chart

Date \_\_\_\_\_  
 Name \_\_\_\_\_  
 Company \_\_\_\_\_  
 Branch \_\_\_\_\_

*Please state actual body measurements*

1. \_\_\_\_\_ Chest (armhole to armhole)
2. \_\_\_\_\_ Waist
3. \_\_\_\_\_ Neck
4. \_\_\_\_\_ Front Length
5. \_\_\_\_\_ Chest (Around)
6. \_\_\_\_\_ Shoulder Seam
7. \_\_\_\_\_ Back Length
8. \_\_\_\_\_ Back Shoulder
9. \_\_\_\_\_ Across Back
10. \_\_\_\_\_ Arm
11. \_\_\_\_\_ Wrist
12. \_\_\_\_\_ Sleeve
13. \_\_\_\_\_ Seat
14. \_\_\_\_\_ Inside Seam
15. \_\_\_\_\_ Crotch (while sitting, including 1" ease)
16. \_\_\_\_\_ Outside Length



I \_\_\_\_\_ certify that  
 these are my true and accurate measurements.

Signature \_\_\_\_\_.

- For accuracy, it is better to have someone else measure you.
- Keep the tape measure snug, but not tight.
- Measure over clothing and undergarments that will normally be worn.

**TIPS**

*Our Uniforms Keep The Best Company!*